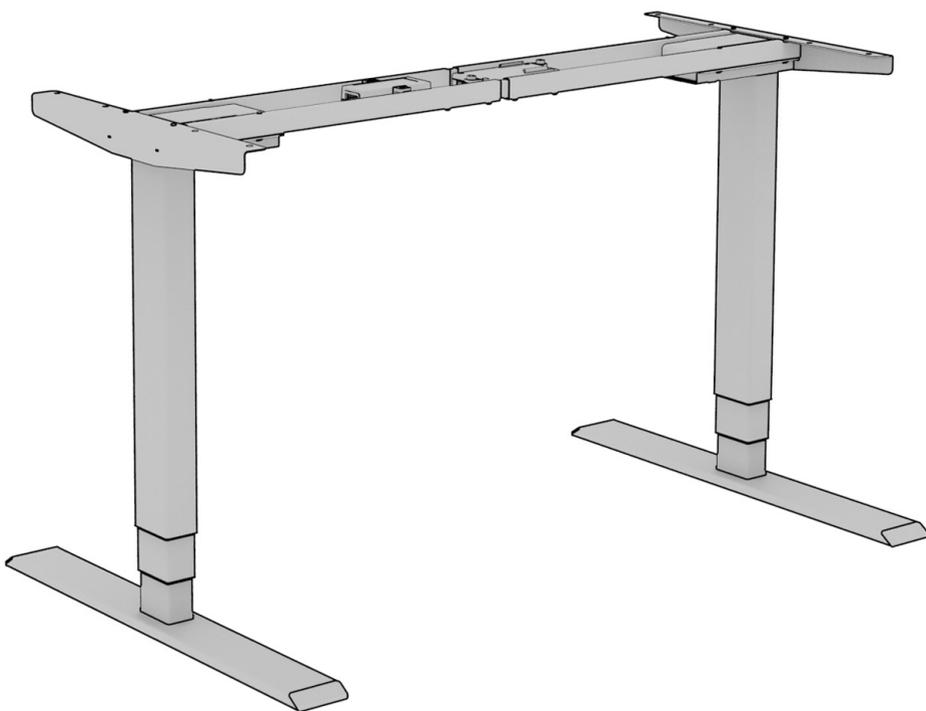


boho office®

Homedesk

ASSEMBLY AND OPERATING INSTRUCTIONS
ELECTRICALLY HEIGHT-ADJUSTABLE DESK FRAME



BO
HIO OFFICE®

SAFETY**4-6**

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SAFETY INFORMATION



Electrical Hazards

Do not connect the table frame to the power supply until it is completely assembled. Check the electrical equipment of the desk frame regularly in accordance with national regulations (in Germany these are the accident prevention regulations) Do not use cables with damaged insulation. Otherwise there is a risk of an electrical shock. Have damaged cables replaced immediately by a specialist company. Do not lay the supply cables near heat sources, these can be damaged by the heat. There is also a risk of fire or electric shock. Disconnect the table frame from the power supply if the table is not used for a longer period of time or if it is not in use.



Desk use

Danger: This appliance may be used by children aged 8 years and over, and by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge, if they have been supervised or instructed in the safe use of the appliance and the understand the risks involved.

Danger: Children must not play with the desk frame!

Danger: Cleaning and maintenance must not be carried out by children without appropriate supervision.

Benutzen Sie das Tischgestell nicht auf einem unebenen Untergrund. Es besteht die Gefahr des Umkippens. Die Sitz-Steh-Tische sind nicht auf Dauerbetrieb ausgelegt. Die Tischplattenhöhe darf ohne Unterbrechung nicht länger als die auf dem Typenschild angegebene Einschaltdauer verstellt werden.



Load

Do not load the table frame beyond the permissible weight, please observe the maximum permissible load.

SAFETY INFORMATION



Special danger areas

When adjusting the table frame, make sure that no persons are near the table frame. There is a risk of injury. When setting up the table frame, make sure that it is completely free of collisions (e.g. sloping roof, structural conditions, pedestals, waste paper baskets, etc.) in all possible adjustment positions. Also ensure that there are no collisions if there are objects - e.g. IT equipment - on the table. Keep a lateral safety distance of at least 25 mm from any other piece of furniture.



Emergency information

Immediately take the desk frame out of operation if unusual events (noise, smoke, fumes, etc.) occur. The table frame must be repaired by a specialist company. Only put the table frame back into operation after the repair has been completed. If the safety devices (e.g. the control panel) do not function properly, take the table frame out of operation immediately.



Service and maintenance

Please make sure that the product is always in perfect condition. If necessary, have it checked by qualified personnel at regular intervals. Do not carry out any repairs to the table or the components yourself. Do not make any structural changes to the table. Only replace defective components of the table frame with new original parts from the manufacturer. Only use original spare parts from the manufacturer. Please observe these assembly instructions.

Cleaning

Dust the desk frame with a dry cloth once a week. Clean the table frame with a damp cloth and mild detergent every 2 weeks.

Noise level of the desk frame

The noise level emitted by this desk frame is <math><50\text{ dB(A)}</math>.

SAFETY INFORMATION



Residual risks

The desk frame is built according to up-to-date and recognised safety regulations. Nevertheless, dangers to the life and limb of the user or third parties or damage to the table frame or other material assets can occur during use.



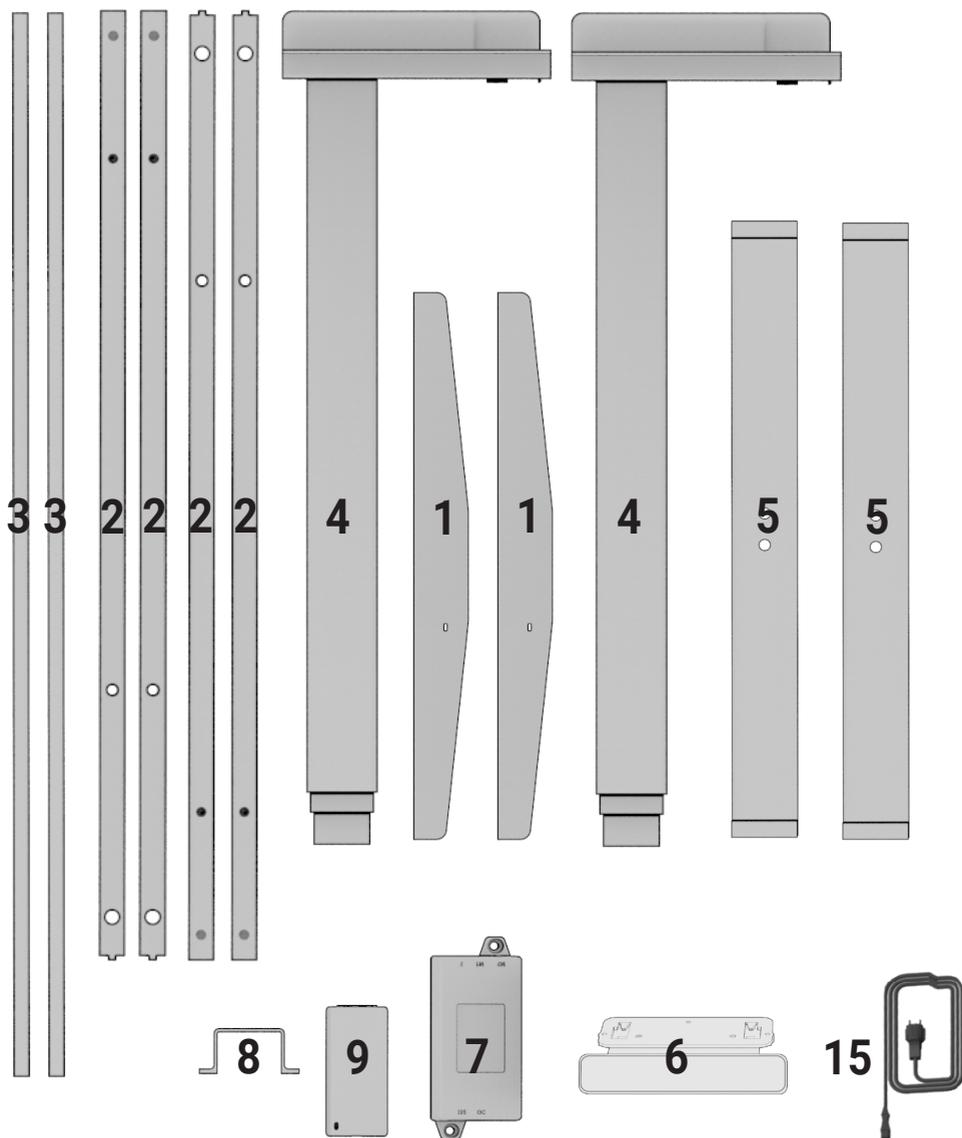
Please read and keep the operating and assembly instructions

These operating and assembly instructions belong to this table. It contains important information on start-up and handling. Read the operating and assembly instructions, especially the safety instructions, carefully before using the table. Non-observance of these operating and assembly instructions can lead to serious injury or damage to the table. In foreign countries, also observe country-specific guidelines and laws. Keep the operating and assembly instructions for further use near the table so that they are always at hand. If you pass on the table to a third party, it is essential that you pass these operating and assembly instructions on.

An electronic version of these operating instructions (PDF) is available from our customer service.

WARNING: Any alterations or modifications not expressly authorised by the manufacturer will invalidate the warranty and the frame may not be used.

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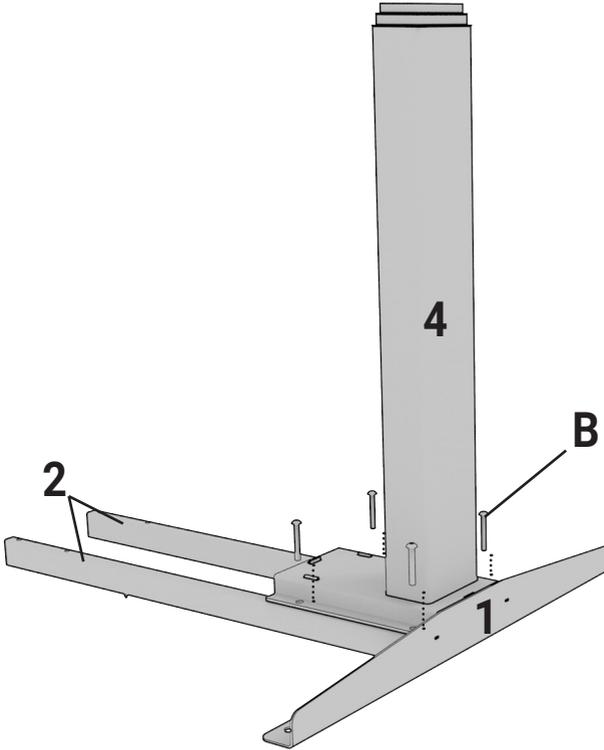
Fittings bag



STEP 1 - ASSEMBLY OF THE LIFTING COLUMNS



Please perform the step for BOTH lifting columns



Please use the following screws:

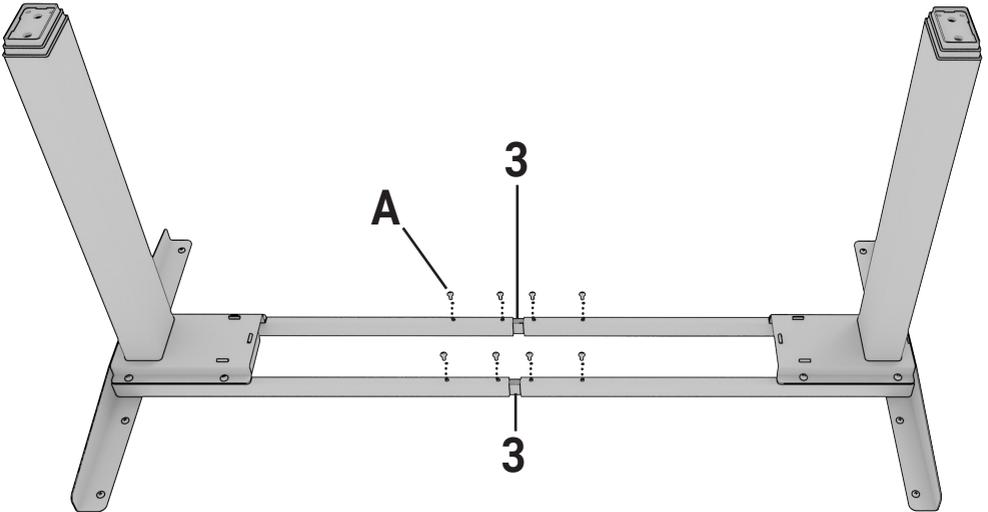
B (4x M6x35)

STEP 2 - FRAME ASSEMBLY



Insert the centre rail (3) into the frame on both sides and adjust the position accordingly.

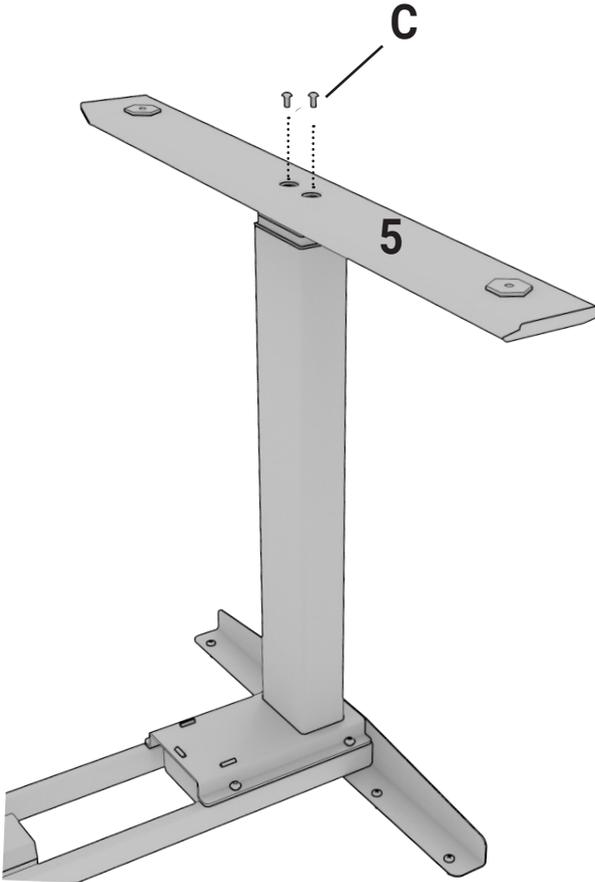
Note: The word „MAX“ on the centre rail cannot be completely exposed.



Please use the following screws:

A (8x M6x30)

STEP 3 - ASSEMBLY OF THE FRAME FEET



Please use the following screws:
C (4x M10x30)

STEP 4 - ELEKTRONICS + DESKTOP



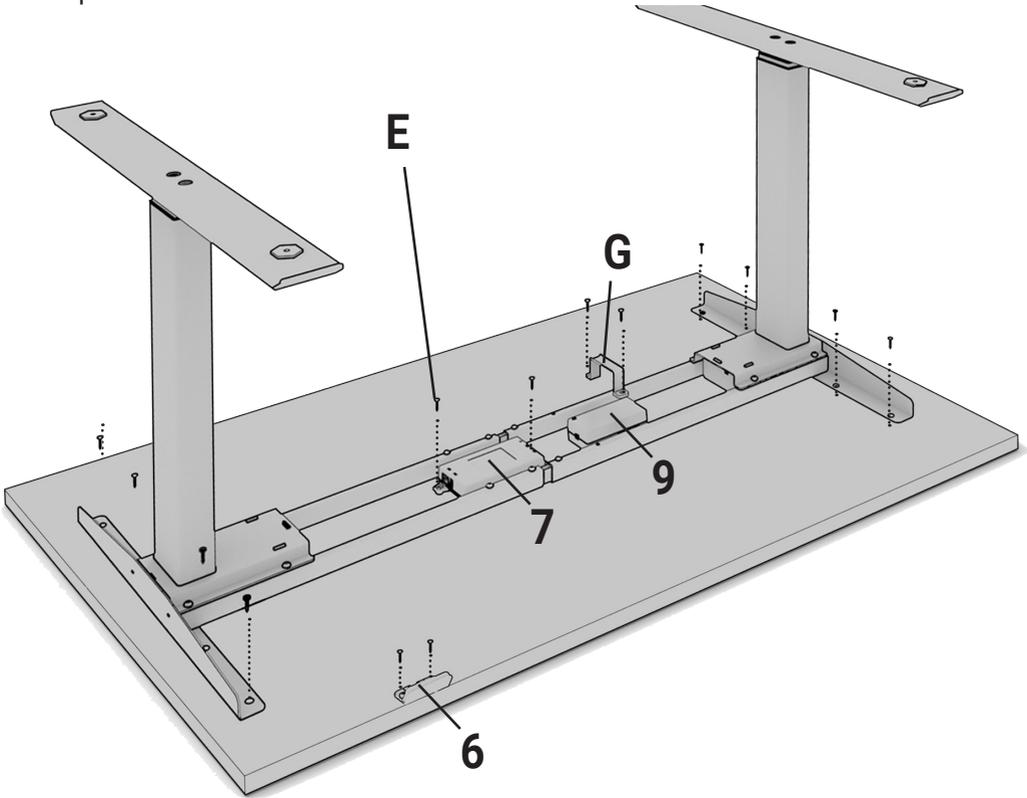
Place the control unit and adapter in the centre of the table frame.
Fix the adapter with the supplied bracket (G).

Connect the lifting column cables and the adapter to the control unit.

lifting columns <-> Control unit connection **M1 / M2**

Control unit <-> Control unit Connection **HS**

Adapter <-> Control unit Connection **DC**



Please use the following screws:

E (12x ST5x20)



The height-adjustable desk must be initialised before first use.

1. Press/hold the DOWN key until the desk has reached its lowest position.
2. Release the DOWN button.
3. Press/hold the DOWN key again until the LED display shows „RST“.
4. Release the DOWN button.
5. Press/hold the DOWN key again until the desk lowers further and then moves up slightly.
6. Release the DOWN button.

Your desk is now ready for use.



Due to the display properties, the letters „RST“ are visually displayed like „ASR“.



Activate & deactivate the child lock

- LOCK

Press and hold M (for about 8 sec) until the LED shows S and then switches to LOC. Release the button. The frame is now locked.

- UNLOCK

Press and hold M (for about 8 sec) until the LED shows the height. Release the button.

Activate and deactivate the „automatic function“

Press the „DOWN“ button until the frame reaches its lowest position.

Press the „DOWN“ button again until the LED shows „RST“.

Press and hold the „1“ button (ca. 5 secs.) until „RST“ flashes and changes to

10.1 – Automatic OR 10.2 – Manuel

Release the „1“ button

Press the „1“ again until the required setting is reached. As soon as the required setting is shown, release the button and wait about 5 secs until RST is shown again.

End the reset procedure by pressing and holding the „DOWN“ button until the frame sinks a little and then comes a little way up and then stops. The setting is now saved and the frame can be used as normal.



Attention! Activating the automatic function is done at your own risk!



Setting the lowest height

Press and hold the „DOWN“ button until the frame has reached its lowest position. Measure the distance between the floor and the top of the table top.

If the number shown on the LED panel not the same is as what has just been measured, then follow the instructions below:

Press and hold the „DOWN“ button until „RST“ is shown.

Press and hold the „M“ button (ca. 5 sec.) until the LED panel flashes the height. (If the LED panel still shows „RST“ before the next step then please repeat the last step)

By using the „UP/DOWN“ buttons change the value so that it corresponds to the measurement that you have just made. Wait about 5 secs until the LED panel changes to „RST“ again.

End the reset procedure by pressing and holding the „DOWN“ button until the frame sinks a little and then comes a little way up and then stops. The setting is now saved and the frame can be used as normal.

Please note: The LED-panel has a tolerance from $\pm 0,1\text{cm}$.

Setting the memory positions

Press the „UP or DOWN“ button until the required height is reached.

Then press the „M“ button until „S-“ is shown.

Choose now the Memory number 1, 2 or 3. The position is now saved.

Repeat the procedure until however many positions need to be saved.



Setting a lowest and maximum height (e.g. for slanted ceilings or if there is a mobile pedestal under the desk)

Setting the maximum height:

Bring the frame to the highest position required.

Press the „M“ button once and release.

Then press the „UP“ button once and then release.

The LED-panel now shows „S-“.

Then press and hold (ca. 2 sec) the „M“ button until the LED panel shows „999“.

The panel will then automatically jump back to the chosen height. The maximum height is now saved.

Setting the lowest height:

Bring the frame to the lowest position required.

Press the „M“ button once and release.

Then press the „UP“ button once and then release.

The LED-panel shows „S-“.

Then press and hold (ca. 2 sec) the „M“ button until the LED panel shows „000“.

The panel will then automatically jump back to the chosen height. The lowest height is now saved.

Deleting the lowest and maximum height:

Press and hold the „M“ button until „S -“ flashes and then release. Within 5 secs press again the „M“ button and hold for 2 secs. The LED panel changes to „555“ and then automatically back to the real height.

The settings are now deleted.

For the RESET-procedure the frame has to be lowered to the lowest position (this may be lower than the already set lowest position). Therefore before the RESET can be performed, the stops settings must be deleted.



Changing between centimetres & inches

Press and hold the „DOWN“ button until the frame has reached its lowest position. Press the „DOWN“ button again until the LED shows „RST“.
Press and hold the button „2“ (ca. 5 secs) whilst the „RST“ flashes and switches between:

10,3 = Centimetre OR 10,4 = Inch

Release button „2“ Hold and press button „2“ again until the setting you require is shown. Release and wait 5 secs until „RST“ is shown again.

End the reset procedure by pressing and holding the „DOWN“ button until the frame sinks a little and then comes a little way up and then stops. The setting is now saved and the frame can be used as normal.

Changing the anti-collision sensitivity

Press and hold the „DOWN“ button until the frame has reached its lowest position. Press the „DOWN“ button again until the LED shows „RST“.
Press and hold the „UP“ button (ca. 5 secs) whilst the „RST“ flashes and switches to either :

10.5 = 10 kg pressure = 1 (highest sensitivity)
10.6 = 15 kg pressure = 2 (normal sensitivity)
10.7 = 20 kg pressure = 3 (lowest sensitivity)

Release button „UP“. Press and hold the „UP“ button again until the desired setting is reached. When it is reached, release and wait ca. secs until „RST“ shows.

End the reset procedure by pressing and holding the „DOWN“ button until the frame sinks a little and then comes a little way up and then stops. The setting is now saved and the frame can be used as normal.



The correct sitting posture

Sitting incorrectly can cause damage to joints, tendons and muscles. To avoid this, the desk and office chair must be adjusted accordingly. Irrespective of the following instructions, an uncomfortable sitting posture must be avoided. If you find that one or the other of the following tips leads to an uncomfortable sitting position, simply adjust the positioning to suit your needs.

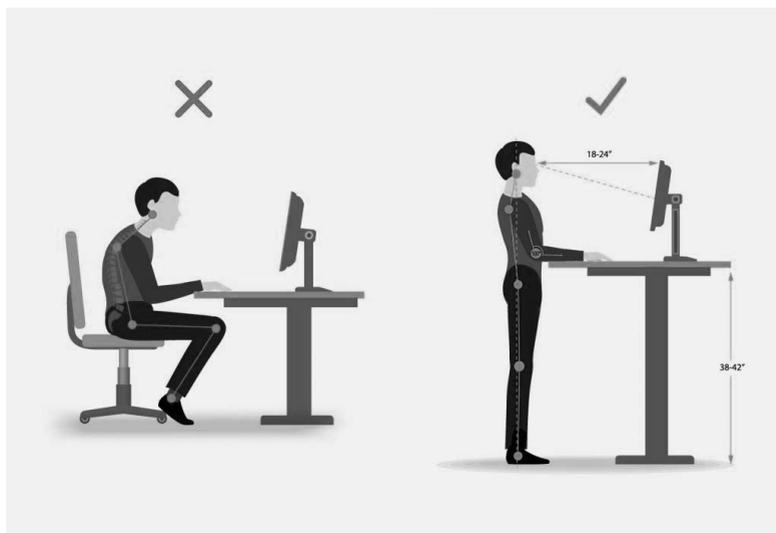
Desk

Only adjust the desk height once you have found the correct sitting position. Your elbows should have an angle of $90^\circ - 120^\circ$ when your forearms are resting on the desktop. The edge of the table should not press against your forearms.

Work equipment on the desktop

Any light falling onto your monitor (window or light source) should fall onto the screen surface at a 90° angle.

The monitor height should be set so that your gaze is directed slightly downwards towards the centre, and the light should be directed towards the middle of the screen. Keep a distance of approx. 60 - 70 cm to your monitor. The keyboard should be placed as flat as possible to ensure a comfortable wrist position.



OPERATING NOTES



Observe the regulations and safety instructions starting on page 4. In particular: Do not leave children unattended with the desk. Children cannot assess the dangers that can be caused by this desk. Children can be seriously injured or even killed. Do not exceed the maximum switch-on time of 2 minutes for the desk. Make sure that there is sufficient space to avoid collisions. This is especially true if there are objects on the work surface, such as computers, work materials, etc.

Malfunctions

Unplug the power cord from the wall outlet. Immediately remove yourself from the immediate vicinity of the stand if it should move without being operated. In this case, avoid operating the stand. Do not use the desk until it has been completely and professionally repaired. Do not use the worktable if anything unusual occurs (e.g. loud noises, smoke, etc.). Only have the work table repaired by a specialist. Do not use the work table any more if safety risks should arise.

INFORMATION



Version	20210312-boho-HD-de
Year of manufacture	2021
Country of origin	China
System	Two-Stage Upside Down
Material	Steel & Plastic
Lift height	65 cm
Max load - Manufacturer	60 kg incl. Desktop
Lift Speed	± 32 mm/s
Input voltage	230 V~, 50/60 Hz, 400VA
Noise level	<50 dB(A)
Suitable for desktops	from 108 - 160 cm

For Indoor use only!

Customer Service

Please always have these assembly instructions and the desk frame type ready to hand when you contact customer service. You can reach us at +49 5244 9789030 or info@boho-moebel.de

Contact

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Disposal

Taking the table out of service

Pull the plug from the mains.

Dismantle the table

To dismantle the frame, follow the instructions in the reverse order.

Disposal

Disassemble the desk frame separately according to materials and dispose of them in an environmentally friendly manner.

